# Recommendations for COVID-19

## Aerosol Generating Medical Procedures (WIH, OR’s, ICU, Stable Patients on Units)

### USE

- **Upgrade to N95 Respirator**
- **Droplet/Contact PPE with N95**
  - **Note:** For intubation – wear double gloves
- **KEEP DOOR CLOSED!**
- **Use Rapid Sequence Medication** for intubation
  - **(full dose paralytic)**
  - **Use video laryngoscopy for intubation (limit your proximity)**
- **Doff PPE inside room (or anti-room where available) **EXCEPT for the N95 (which may now be used as your extended wear mask)**

### AVOID

- **Avoid high-flow $O_2$** *(Bipap, Nebs, high flow nasal $>6L/min$)*
- **Permit only critical staff in room**
- **Avoid bagging (when critical, 2-hand seal & viral filter)**
- **Avoid prolonged intubation attempt (use most qualified person & quickest technique)**
- **Avoid open circuit** *(viral filter or clamp on ETT if disconnected)*
- **Do not take used PPE outside of room (EXCEPT for the N95 which may now be used as your extended wear mask)**

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*Updated March 30, 2020*