FACULTY DEVELOPMENT DAY
MINDFUL PRACTICE FOR THIS MOMENT IN TIME

LEARNING OBJECTIVES

1 - Create an opportunity for personal reflection

2 - Learn at least one simple, evidence-based, focused attention practice that can quickly be applied during the course of your clinical day

3 - Engage in meaning-oriented conversation and relationship-building through structured appreciative inquiry, using simple techniques that can be applied to groups and teams when the session is over

DR. JILLIAN HORTON
Director, Physician and Learner Wellness
Max Rady College of Medicine
University of Manitoba

NOV 11, 2021
8 A.M. TO 3 P.M.
HYBRID CONFERENCE

FOR MORE INFO: